## LAS VEGAS LIVING

## SEE ME BEFORE THE PLASTIC SURGEON, SEE ME AFTER, OR SEE ME INSTEAD!

JAMIE LEE METZ, a licensed Aesthetician and Anti Aging Skin Care Specialist who specializes in Anti Aging Skin Treatments.

Jamie earned her post graduate certifications at The International Dermal Institute in Los Angeles. She is an expert in skin analysis. European Skin Care Techniques, Acupressure, Reflexology, Multi Vitamin Therapies, Advanced Acne Treatments, Microdermabrasion and Advanced Chemical Exfoliation's.

The one thing Plastic Surgeons and Dermatologists agree is key to slowing down the aging process is exfoliation, your skins best friend. Skin care experts are always trying to improve on this concept. If you have fine lines, brown spots, enlarged pores, and some creepiness exfoliation and oxygen treatments will keep your skins appearance looking youthful.

How do you know which Vitamin A, B, C, E, K or Q10 is right for you? Should you try Microdermabrasion, The lunch time peel, Obagi, blue, green or Pumpkin Peel, Alpha Hydroxy Acids, Beta Hydroxy Acid, Glycolic and Retinol. You have a lot of choices, and after your complementary skin analysis with Jamie you will know what's best for your skin type. Remember skin type is something you're born with; conditions come and go with life, stress, environment, surgery, medications, and poor skin care. Jamie Lee Metz is an expert in all these areas and truly has passion for achieving results.