



High-Tech Facials

50 IS THE NEW 40; 40 IS THE NEW 30

Adding mud and natural elements to the face is an age-old method of stealing a few extra years away. It is unreasonable to believe science would not nose its way into this procedure. New technologies have introduced non-surgical, rejuvenation facials that leave patients looking younger after the first procedure.

JAMIE LEE METZ, paramedical aesthetician and owner of Advanced Aesthetics in Las Vegas, uses a machine called Cutera to perform high-tech facials for rejuvenated - looking skin.

Advanced Aesthetics performs a three tiered facial. It is strictly an anti-aging procedure for people with fine lines, deep wrinkles, superficial redness or pigmentation problems from sun damage.

“The procedure starts with an infrared light that targets the deepest level of the skin – the dermal layer. Infrared light tightens the muscle under the skin and stimulates the collagen to inflate,” said Metz. “A controlled thermal trauma is created, causing the collagen to swell up and reproduce, and the muscle tissue to contract while lifting and tightening.”

Laser Genesis combines the benefits of a micro-nanosecond laser and pulsed light treatments to promote younger looking skin. Next, it heats the midsection of skin to treat, on the superficial level, lines over the mouth and to improve the fine little lines. Laser Genesis helps in reducing redness and pore size, and improves skin tone and texture.

For the uppermost layer of the skin, the epidermis, intense pulsed light or IPL, is used, IPL breaks up pigment and defuses redness from the skin. Dark or red pigment occurs from aging, sun damage or rosacea. IPL rids the signs of aging.

“The three tiered facial takes an hour to an hour and a half, with no downtime. A difference can be seen after the first procedure, it can be administered every two weeks to one month,” said Metz. “After the first treatment you continue to see results for up to six months, three treatments are recommended. Makeup can be worn immediately. Some light pinkness of the skin can occur, but is not typical; it usually resolves itself within two hours.”